



NATIONAL TEAM OPEN: SERC & POOL

VENUE: GOLD COAST AQUATIC CENTRE SOUTHPORT
DATE: WEDNESDAY, 28th AUGUST: SERC
THURSDAY 28th AUGUST and THURSDAY, 30th August 2024: POOL

COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.
 3. On Tuesday, 27th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors for SERC with the Local Organising Committee from 09h00 to 10h00.
 4. On Wednesday 28th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors with the Local Organising Committee from 09h00 to 10h00.

TUESDAY: 27th AUGUST

| LWC OPENING CEREMONY | | VENUE |
|----------------------|---|---------------------|
| 16h00 – 18h00 | Lifesaving World Championships Opening Ceremony | Kurrawa, Broadbeach |

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS OPEN SERC COMPETITION

| BRIEFINGS | |
|------------------|-------------------------------------|
| 07h00 | Safety Meeting |
| 07h15 | Daily Competition Committee Meeting |
| After last event | EMC/LOC meeting |

| NATIONAL TEAMS OPEN SERC COMPETITION | | |
|--------------------------------------|---|-------|
| Time | Event | Type |
| 11h00 | Team Managers briefing by Chief Referee | |
| 11h15 | Technical Officials briefing by Chief Referee | |
| 11h15 | Lock-up open | |
| 11h15 | Lock-up closes | |
| 11h30 | Preparation of pool and Test Run | |
| 12h00 | SERC competition | Heats |
| 13h45 | Technical Official briefing by Chief Referee | |
| 14h00 | Lock-up commences for Open Teams finalists | |
| 14h15 | Lock-up closes Open Teams finalists | |
| 14h30 | Preparation of pool and Test Run | |
| 14h45 | SERC final for Open Teams | Final |

| NATIONAL TEAMS OPEN SERC COMPETITION | | |
|---|---------------------------------------|------|
| Time | Event | Type |
| 16h45 | Victory Ceremony –National Open Teams | |
| End of National Teams Open SERC Proceedings | | |

THURSDAY: 29 AUGUST

NATIONAL TEAMS OPEN POOL COMPETITION: DAY 1

| BRIEFINGS | |
|------------------|---|
| 06h00 | Safety Meeting |
| 06h30 | Daily Competition Committee Meeting |
| 06h45 | Team Managers daily briefing by Chief Referee |
| 07h15 | Technical Officials daily briefing by Chief Referee |
| 07h30 | Marshalling commences |
| 08h00 | Competition commences |
| After last event | EMC/LOC meeting |

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 HEATS

| Time | Gender | Event | Type |
|-------|--|------------------------------------|-------|
| 06h30 | Warm-up in the competition pool | | |
| 07h30 | Marshalling commences | | |
| 08h00 | Women | 200m Obstacle Swim | Heats |
| 08h20 | Men | 200m Obstacle Swim | Heats |
| 08h45 | Women | 4 x 50m Obstacle Relay | Heats |
| 09h00 | Men | 4 x 50m Obstacle Relay | Heats |
| 09h20 | Women | Line Throw | Heats |
| 09h35 | Men | Line Throw | Heats |
| 09h50 | Removal of obstacles, preparation of pool | | |
| 10h00 | Women | 100m Rescue Medley | Heats |
| 10h25 | Men | 100m Rescue Medley | Heats |
| 11h00 | Women | 100m Manikin Tow with Fins | Heats |
| 11h20 | Men | 100m Manikin Tow with Fins | Heats |
| 11h45 | Mixed | 4 x 50m Mixed Pool Lifesaver Relay | Heats |
| 12h00 | End of Session | | |

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS

| Time | Gender | Event | Type |
|-------|--|------------------------|------------------------|
| 13h00 | Warm-up in the competition pool | | |
| 13h45 | Marshalling commences | | |
| 14h00 | Women | 200m Obstacle Swim | B-A Final |
| 14h15 | Men | 200m Obstacle Swim | B-A Final |
| 14h30 | Women | 4 x 50m Obstacle Relay | B-A Final |
| 14h45 | Men | 4 x 50m Obstacle Relay | B-A Final |
| 15h00 | Women | Line Throw | B-A Final |
| 15h10 | Men | Line Throw | B-A Final |
| 15h20 | Victory Ceremony 200m Obstacle Swim | | Men & Women |
| 15h35 | Victory Ceremony 4 x 50m Obstacle Relay | | Men & Women |
| 16h00 | Women | 100m Rescue Medley | B-A Final |
| 16h15 | Men | 100m Rescue Medley | B-A Final |

| NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS | | | |
|--|--|------------------------------------|------------------------|
| Time | Gender | Event | Type |
| 16h30 | Victory Ceremony Line Throw | | Men & Women |
| 16h45 | Women | 100m Manikin Tow with Fins | B-A Final |
| 17h00 | Men | 100m Manikin Tow with Fins | B-A Final |
| 17h15 | Mixed | 4 x 50m Mixed Pool Lifesaver Relay | B-A Final |
| 17h30 | End of Competition - Day 1 | | |
| 17h30 | Victory Ceremony 100m Rescue Medley | | Men & Women |
| 17h45 | Victory Ceremony 100m Manikin Tow with Fins | | Men & Women |
| 18h00 | Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay | | Mixed |
| 18h10 | End of Day 1 Proceedings | | |

FRIDAY: 30 AUGUST

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 2

| BRIEFINGS | |
|------------------|---|
| 06h00 | Safety Meeting |
| 06h30 | Daily Competition Committee Meeting |
| 06h45 | Team Managers daily briefing by Referee |
| 07h15 | Technical Officials daily briefing by Referee |
| 07h30 | Marshalling commences |
| 08h00 | Competition commences |
| After last event | EMC/LOC meeting |

NATIONAL TEAMS OPEN POOL COMPETITIONS: DAY 2 HEATS

| Time | Gender | Event | Type |
|-------------|---------------------------------|------------------------------|-------------|
| 06h30 | Warm-up in the competition pool | | |
| 07h45 | Marshalling commences | | |
| 08h00 | Female | 100m Manikin Carry with Fins | Heats |
| 08h20 | Male | 100m Manikin Carry with Fins | Heats |
| 08h45 | Female | 50m Manikin Carry | Heats |
| 09h05 | Male | 50m Manikin Carry | Heats |
| 09h30 | Female | 4 x 25m Manikin Relay | Heats |
| 09h45 | Male | 4 x 25m Manikin Relay | Heats |
| 10h00 | Female | 200m Super Lifesaver | Heats |
| 10h30 | Male | 200m Super Lifesaver | Heats |
| 11h00 | Female | 4 x 50m Medley Relay | Heats |
| 11h15 | Male | 4 x 50m Medley Relay | Heats |
| 11h30 | End of Session | | |

NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS

| Time | Gender | Event | Type |
|-------------|---------------------------------|------------------------------|-------------|
| 13h00 | Warm-up in the competition pool | | |
| 13h45 | Preparation of pool | | |
| 13h45 | Marshalling commences | | |
| 14h00 | Women | 100m Manikin Carry with Fins | B-A Final |
| 14h10 | Men | 100m Manikin Carry with Fins | B-A Final |
| 14h20 | Women | 50m Manikin Carry | B-A Final |

| NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS | | | |
|--|--|-----------------------|------------------------|
| Time | Gender | Event | Type |
| 14h30 | Men | 50m Manikin Carry | B-A Final |
| 14h45 | Victory Ceremony 100m Manikin Carry with Fins | | |
| 15h00 | Women | 4 x 25m Manikin Relay | B-A Final |
| 15h15 | Men | 4 x 25m Manikin Relay | B-A Final |
| 15h30 | Victory Ceremony 50m Manikin Carry | | |
| 15h45 | Women | 200m Super Lifesaver | B-A Final |
| 16h00 | Men | 200m Super Lifesaver: | B-A Final |
| 16h15 | Victory Ceremony 4 x 25m Manikin Relay | | |
| 16h30 | Women | 4 x 50m Medley Relay | B-A Final |
| 16h45 | Men | 4 x 50m Medley Relay | B-A Final |
| 17h00 | End of Competition - Day 2 | | |
| 17h00 | Victory Ceremony 200m Super Lifesaver | | Men & Women |
| 17h15 | Victory Ceremony 4 x 50m Medley Relay | | Men & Women |
| 17h30 | Victory Ceremony Grand Aggregate Open Pool Events | | |
| 17h45 | Closing of the National Teams Open Championships | | |
| End of National Teams Open Pool Competition Proceedings | | | |

Notes:

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.



NATIONAL TEAM YOUTH: POOL

Venue: Gold Coast Aquatic Centre Southport

DATE:

WEDNESDAY, 28th AUGUST 2024: SERC

SATURDAY, 31st AUGUST to SUNDAY 1st SEPTEMBER 2024: POOL

COMPETITION PROGRAMME

- Notes:** 1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
- 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.
- 3. On Tuesday, 27th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors for SERC with the Local Organising Committee from 09h00 to 10h00
- 4. On Wednesday 28th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors with the Local Organising Committee from 09h00 to 10h00.

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS YOUTH SERC COMPETITION

| BRIEFINGS | |
|------------------|---|
| 07h00 | Safety Meeting |
| 07h15 | Daily Competition Committee Meeting |
| 07h30 | Team Managers briefing by Chief Referee |
| 08h00 | Technical Officials briefing by Chief Referee |
| After last event | EMC/LOC meeting |

| NATIONAL TEAMS YOUTH SERC COMPETITION | | |
|---|--|-------|
| Time | Event | Type |
| 08h00 | Lock-up open for Youth Teams | |
| 08h15 | Lock-up closes Youth Teams | |
| 08h315 | Preparation of pool and Test Run | |
| 09h00 | SERC final for Youth Teams | Final |
| 11h00 | Victory Ceremony – National Youth Teams | |
| End of National Teams Youth SERC Competition | | |

SATURDAY: 31 AUGUST

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1

| BRIEFINGS | |
|-----------|-------------------------------------|
| 06h00 | Safety Meeting |
| 06h30 | Daily Competition Committee Meeting |

| BRIEFINGS | |
|------------------|---|
| 06h45 | Team Managers daily briefing by Chief Referee |
| 07h15 | Technical Officials daily briefing by Chief Referee |
| 07h30 | Marshalling commences |
| 08h00 | Competition commences |
| After last event | EMC/LOC meeting |

| NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 HEATS | | | |
|---|--|------------------------------------|-------------|
| Time | Gender | Event | Type |
| 06h30 | Warm-up in the competition pool | | |
| 07h30 | Preparation of the pool | | |
| 07h45 | Marshalling commences | | |
| 08h00 | Women | 200m Obstacle Swim | Heats |
| 08h15 | Men | 200m Obstacle Swim | Heats |
| 08h30 | Women | 4 x 50m Obstacle Relay | Heats |
| 08h40 | Men | 4 x 50m Obstacle Relay | Heats |
| 09h00 | Women | Line Throw | Heats |
| 09h10 | Men | Line Throw | Heats |
| 09h20 | Removal of obstacles, preparation of pool | | |
| 09h30 | Women | 100m Rescue Medley | Heats |
| 09h45 | Men | 100m Rescue Medley | Heats |
| 10h00 | Women | 100m Manikin Tow with Fins | Heats |
| 10h15 | Men | 100m Manikin Tow with Fins | Heats |
| 10h30 | Mixed | 4 x 50m Mixed Pool Lifesaver Relay | Heats |
| 10h45 | End of Session | | |

| NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 FINALS | | | |
|--|--|------------------------------------|------------------------|
| Time | Gender | Event | Type |
| 13h00 | Warm-up in the competition pool | | |
| 13h45 | Marshalling commences | | |
| 14h00 | Women | 200m Obstacle Swim | B-A Final |
| 14h15 | Men | 200m Obstacle Swim | B-A Final |
| 14h30 | Women | 4 x 50m Obstacle Relay | B-A Final |
| 14h45 | Men | 4 x 50m Obstacle Relay | B-A Final |
| 15h00 | Women | Line Throw | B-A Final |
| 15h10 | Men | Line Throw | B-A Final |
| 15h20 | Victory Ceremony 200m Obstacle Swim | | |
| 15h35 | Victory Ceremony 4 x 50m Obstacle Relay | | |
| 16h00 | Women | 100m Rescue Medley | B-A Final |
| 16h15 | Men | 100m Rescue Medley | B-A Final |
| 16h30 | Victory Ceremony Line Throw | | |
| 16h45 | Women | 100m Manikin Tow with Fins | B-A Final |
| 17h00 | Men | 100m Manikin Tow with Fins | B-A Final |
| 17h15 | Mixed | 4 x 50m Mixed Pool Lifesaver Relay | B-A Final |
| 17h30 | End of Competition - Day 1 | | |
| 17h30 | Victory Ceremony 100m Rescue Medley | | Men & Women |
| 17h45 | Victory Ceremony 100m Manikin Tow with Fins | | Men & Women |
| 18h00 | Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay | | Mixed |
| 18h10 | End of Day 1 Proceedings | | |

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2

| BRIEFINGS | |
|------------------|---|
| 06h00 | Safety Meeting |
| 06h30 | Daily Competition Committee Meeting |
| 06h45 | Team Managers daily briefing by Chief Referee |
| 07h15 | Technical Officials daily briefing by Chief Referee |
| 07h30 | Marshalling commences |
| 08h00 | Competition commences |
| After last event | EMC/LOC meeting |

| NATIONAL TEAMS YOUTH POOL COMPETITIONS: DAY 2 HEATS | | | |
|--|---------------------------------|------------------------------|-------|
| Time | Gender | Event | Type |
| 06h30 | Warm-up in the competition pool | | |
| 07h30 | Preparation of pool | | |
| 07h45 | Marshalling commences | | |
| 08h00 | Women | 100m Manikin Carry with Fins | Heats |
| 08h10 | Men | 100m Manikin Carry with Fins | Heats |
| 08h30 | Women | 50m Manikin Carry | Heats |
| 08h45 | Men | 50m Manikin Carry | Heats |
| 09h00 | Women | 4 x 25m Manikin Relay | Heats |
| 09h10 | Men | 4 x 25m Manikin Relay | Heats |
| 09h30 | Women | 200m Super Lifesaver | Heats |
| 09h50 | Men | 200m Super Lifesaver | Heats |
| 10h30 | Women | 4 x 50m Medley Relay | Heats |
| 10h40 | Men | 4 x 50m Medley Relay | Heats |
| 10h50 | End of Session | | |

| NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2 FINALS | | | |
|---|---------------------------------|------------------------------|-----------|
| Time | Gender | Event | Type |
| 13h00 | Warm-up in the competition pool | | |
| 13h45 | Marshalling commences | | |
| 14h00 | Women | 100m Manikin Carry with Fins | B-A Final |
| 14h10 | Men | 100m Manikin Carry with Fins | B-A Final |
| 14h20 | Women | 50m Manikin Carry | B-A Final |
| 14h30 | Men | 50m Manikin Carry | B-A Final |
| 14h45 | Women | 4 x 25m Manikin Relay | B-A Final |
| 15h00 | Men | 4 x 25m Manikin Relay | B-A Final |
| 15h15 | Women | 200m Super Lifesaver | B-A Final |
| 15h30 | Men | 200m Super Lifesaver | B-A Final |
| 15h45 | Women | 4 x 50m Medley Relay | B-A Final |
| 16h00 | Men | 4 x 50m Medley Relay | B-A Final |
| End of Competition - Day 2. All teams to move to Kurrawa Beach for the Victory Ceremony and Closing Ceremony | | | |

| NATIONAL TEAMS YOUTH POOL: VICTORY CEREMONY: DAY 2 TO BE HELD AT KURRAWA BEACH | | |
|---|--|------------------------|
| Time | Event | Gender |
| 16h30 | Victory Ceremony Youth 100m Manikin Carry With Fins | Men & Women |
| | Victory Ceremony Youth 50m Manikin Carry | Men & Women |
| | Victory Ceremony Youth 4 x 25m Manikin Relay | Men & Women |
| | Victory Ceremony Youth 200m Super Lifesaver | Men & Women |
| | Victory Ceremony Youth 4 x 50m Medley Relay | Men & Women |
| | Victory Ceremony Grand Aggregate Youth Pool Events | |
| | Victory Ceremony Grand Aggregate Youth Pool, Ocean and Beach Events | |
| | Closing of the National Teams Open and Youth Championships | |
| | End of National Teams Open and Youth Championships | |

Notes

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. This is a draft programme and subject to change.