

Circular No. 2025-019



Deutsche Lebens-Rettungs-
Gesellschaft e.V.

To: ILS Full Members @
ILSE Full Members @

Subject: **6th Open German Championships 2025
(DEM 2025) Single events / Relays-
09.-11.05.2025 in Mönchengladbach
Cancellation of discipline line throw**

Präsidium
Leiter Rettungssport
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Dear lifesaving friends,

Referring to our **circular 2024-104** and the related announcement from December 18, 2024, we need to inform you today about a **change** in the **6th Open German Championships 2025 in Lifesaving (DEM) 2025** at the Vitusbad in Mönchengladbach.

For safety reasons, the Line Throw Discipline will be **cancelled** without replacement.

We have attached the revised schedule to this letter.

Kind regards

Signed
Carsten Schlepphorst
DLRG Director of Lifesaving Sports

signed
Dr. Martin Braun
Event Director

signed
Kai Schirmer
Sports director

6th Open German Lifesaving Championships 2025

May 9th -11th 2025 Vitusbad Mönchengladbach

Schedule

Friday, 9 May 2025

07.15 Swimming hall open
07:30 Team leader meeting
07:30 Warm up
08:00 Officials' meeting
08:30 Heats
 200m Obstacle Swim
 4x50m Obstacle Relay
 4x50m Mixed Pool Lifesaver Relay
 100m Manikin Tow with Fins
12:30 Lunch Break
15:00 Warm up
16:00 Finals Individuals
18:45 End of competition

Saturday, 10 May 2025

07.15 Swimming hall open
07:30 Warm up
08:30 Heats
 4x50m Medley Relay
 50m Manikin Carry
 4x50m Pool Lifesaver Relay
 200m Super Lifesaver
13:00 Lunch Break
15:00 Warm up
16:00 Finals Individuals
18:30 End of competition

Sunday, 11 May 2025

07.15 Swimming hall open
07:30 Warm up
08:30 Heats
 100m Manikin Carry with Fins
 4x25m Manikin Relay
 100m Rescue Medley
11:15 Lunch Break
12:45 Warm up
13:45 Finals
15:45 End of competition

Preliminary time schedule, subject to change.